



JILL WADE, DDS, MAGD
KRISTI MOODY, DDS
3880 Parkwood Blvd. Suite 103
Frisco, Texas 75034

STONEBRIAR
SMILE DESIGN



Low-Carb Chocolate Peanut Butter Fudge

Serves: 16 (Xylitol sweetened)

INGREDIENTS:

- 4 squares unsweetened baking chocolate
- 1 cup natural-style peanut butter
- 3/4 cup xylitol sugar substitute
- 1 tablespoon artificial sweetener
- 1/2 cup half-and-half cream
- 1 teaspoon vanilla extract

DIRECTIONS:

1. Melt the baking chocolate in a double boiler over medium heat.
2. Add xylitol and half & half. Stir well to blend
3. Heat the mixture, stirring occasionally, until dissolved, smooth, and very hot (no need to boil).
4. Remove from heat and stir in peanut butter and vanilla.
5. Press mixture into a flat container that gives the desired height for your fudge. I use a fairly small container so that when I slice the fudge, pieces will be square.
6. Chill until firm, then cut into 16 pieces. Store in refrigerator.

STAY CONNECTED
with all the latest updates
and special promotions!



@stonebriarsmiledesign



stonebriarsmiledesign



@jillwadedds

(972) 377-7800
stonebriarsmiledesign.com

FALL 2016



STONEBRIAR
SMILE DESIGN

Dear Friends,

The crispness of fall is in the air. The season that I love the most is upon us. As I reflect back on the year thus far, I am reminded of many blessings. I am so blessed to have been in business in Frisco, Texas since 1999 and watch the explosion of growth that has been occurring. Frisco reminds me of my home town of Mount Pleasant, Texas, a family oriented community that rallies around its schools and encourages the children, our future.

It also felt like MP earlier this year in my back yard, when a mother bobcat came out of my bushes with her 4 young baby kittens. The video of Rachel announcing it to me is priceless. The twins are growing up so fast right before my eyes.

Growth creates change, if we like it or not. Our practice has felt some growing pains this year as well. We have had to say goodbye to some very special team members and have tried hard to create a new team of caring people that want to serve you and provide you five star service. Along this journey, we had a few choices that did not pan out so well. I personally apologize for any inconvenience this has made on any of you. I appreciate your patience not only with me but also the team. We are 100% devoted to exceeding your expectations.

Our fall newsletter cover highlights a friend of mine, Amy Perkins Harris (and her daughter Morgan) that attended school with me in Mount Pleasant many years ago. Amy represents to me the good old days. Treating she and her family is a huge part of what makes dentistry fun for me. I enjoy the memories that she and I share together, watching her children grow up, caring for her lovely husband, and the double take I have to make each time her twin boys walk into the office. They are the spitting image of her brother who was my first date to a school dance. The smiles we create at Stonebriar Smile Design are very important to me, but what I love the most are the stories behind the smiles. The stories of the past...the stories of the present...and the stories of the wanted future. It is my honor and privilege to treat all of you and the stories yet to come.

~Dr. Wade

Happy, Healthy Smiles

There are many reasons why people of all ages suffer from tooth loss. One thing remains constant, and that is with the loss of a tooth or teeth, people will suffer a lack of confidence. Maybe you do not smile as often or maybe you laugh less due to the loss of your teeth.



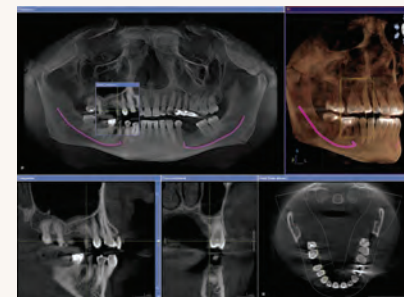
Stonebriar Smile Design takes a personal approach with each individual patient. We all have our own story to tell and we take pride in getting to hear and understand your individual dental needs and goals. Visit us at stonebriarsmiledesign.com to view more patient stories or contact us for a complimentary consultation.

PUSH BACK the age of time

Time passes by and slowly, without notice, you can look into the mirror one day and no longer see the face or smile you remember. Invisalign® can push back the age of time and Vivera® retainers offer retention for all!



3D Cone Beam Imaging in Dentistry



3D x-rays are excellent for revealing hidden dental infections. For many years dentistry only had standard 2 dimensional x-rays, perfect for diagnosis of cavities, checking bone level, and revealing bone loss from an infection. As medicine has explored the world of 3 dimension, we have learned that the extra 3rd dimensional aspect can be very helpful in our dental care of patients. Many times infections or fractures can be unseen due to the fact that the three roots of a tooth are stacked upon each other, blocking out the infection behind or in the middle of the individual roots. Now by being able to slice or turn the image around and evaluate all the different aspects of the teeth, we can see more. As a dental practice that keeps in mind how optimal oral health contributes to your overall health, we are very serious about diagnosing dental infections. We believe in your health so much that we purchased a 3D cone beam machine in order to serve you at an even higher level of care. It has been an amazing technology tool. If you have had any area of your mouth give you any trouble, please do not hesitate to tell us. Perhaps we can evaluate it with a new set of eyes, the 3D kind.

Insurance Coverage and Flexible Spending Accounts Soon to End for 2016

NOW IS THE TIME TO PLAN FOR THE COMPLETION OF YOUR DENTAL TREATMENT BEFORE THE END OF THE YEAR. Most insurance and flexible spending or health savings accounts are set up with a yearly maximum. If left unused, the remaining monies will be lost and not carried over into the new year.

CONTACT US NOW IF ANY OF THE FOLLOWING APPLY

- You have already met your deductible and you have unscheduled treatment to complete.
- You have already used all of your dental benefits for 2016 but you have unscheduled treatment to complete **AND** unused flexible spending.
- You have a busy schedule and need a specific day or time. Good planning will ensure a convenient appointment during our busiest time of year.
- You have considered optimizing your oral health and/or smile and would like to know what options are available.

Our commitment is to provide quality dental services.

Please note that the process for a SMILE DESIGN needs to begin by early November to ensure a final delivery before the holidays. Taking the proper steps to design your new smile is important for long-term success.



Sincerely,
Dr. Jill Wade & Dr. Kristi Moody



Breast Cancer Awareness

With the rise of breast cancer in both men and women, Stonebriar Smile Design encourages all of our patient family to stay educated and maintain optimal health.