



STONEBRIAR
SMILE DESIGN

JILL WADE, DDS, MAGD
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972.377.7800



Sneak Peek!
Our new website is
coming soon...

stonebriarsmiledesign.com



STAY CONNECTED WITH ALL THE LATEST
UPDATES AND SPECIAL PROMOTIONS
FOR OUR FACEBOOK FANS!

FEBRUARY 2016

STONEBRIAR
SMILE DESIGN



glo.

ASK HOW GLO
WHITENING CAN HELP
YOU ACHIEVE
A BRIGHTER SMILE!

DEAR FRIENDS,

The new year brings new HOPE of a transformation. Will it be you, your home, your lifestyle, your workstyle, or your attitude? Why not all? I have come to the point in life, that I realize to achieve true health and happiness your life must be BALANCED. I believe it must be a continual process with no end in site. Like a car, you get more out of the performance if you maintain, rotate/balance tires and fuel properly. Likewise, as soon as you forget to focus on one section of your life, the road gets very bumpy again.

Speaking of roads, I look around Frisco and at every turn there is growth and new construction. Each day while driving to the office, I see the Dallas Cowboys' new facility buzzing. What a transformation of this town since 1999, when I first began dentistry in the area. It is hard to believe there was nothing north of 121... not even the mall. Just some horses roaming around in a pasture.

Love in your life is critical to your balance and we will all be reminded of that in February. The month officially revolves around matters of the heart. We are here to help you and your loved ones optimize oral health in order to save heart health. The link is huge between periodontal disease and heart disease. Not knowing what healthcare has in store this year...my advice is to focus on getting healthy and staying healthy. A life with purpose towards HEALTH that will save you healthcare dollars in the long run.

I encourage us all to look at the new HOPE 2016 brings to keep on track with the parts of our lives that need a transformation. It can start with a simple change in your mindset. All the best to you in 2016!

Dr. Wade

Happy New Year!

from Dr. Jill Wade, Dr. Kristi Moody,
family and Stonebriar Smile Design Team



love
hope
bright

happy
smiles
joy



A heart-felt thanks to Kurt Nelson - Innovative Images Photography for always capturing our special moments!



YOUNIVERSITY shares unique insight and information from like-minded healthcare professionals to not only optimize your dental health, but your TOTAL HEALTH.

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AND RECEIVE THE TOP 100 WAYS TO STAY
ON TOP OF YOUR HEALTH THIS NEW YEAR!

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MILITARY WELLNESS INITIATIVE

Dr. Wade is excited and honored to be involved in an amazing and unexpected movement. September of 2015 launched the Military Wellness Initiative. Private money and influence from the top are shaping what is to come for our honored hero's health and wellness. Our daily efforts and knowledge of the oral systemic links have been recognized and she has traveled to Washington DC to lend a hand. We look forward to working together closely with this initiative and sharing the progress with you.



WE {HEART} SMILE TRANSFORMATIONS

"A smile increases your face value,"

as Dolly Parton once said. When you feel confident about your smile, you bring a sense of passion and energy to every situation around you. Not to mention that research has proven that people with a dynamic smile actually make more money! Think about that. How much would you have to invest versus how much more could you earn with that promotion. And don't forget it could be as simple as whitening, like with our new GLO technology.

Cosmetic dentistry truly can revitalize and has an incredible anti-aging effect.

**CALL US TODAY (972) 377-7800 TO SCHEDULE YOUR
COMPLIMENTARY SMILE DESIGN CONSULTATION!**

**TO SEE BEFORE AND AFTER PHOTOS, VISIT THE SMILE
GALLERY AT STONEBRIARSMILEDESIGN.COM**

WELCOME DANA

Dana began her dental career at the age of 18. Her experience, professionalism, and determination compliment our team very well. Dana has taken on the responsibility of hygiene coordinator. It is a large undertaking but she is up for the challenge. When she is not at the office, she stays busy at home with her husband Tyson and her three boys.



YOUR HEART MATTERS

You are never too young or too old to take care of your heart. The American Heart Association is working to help kids, families and communities live heart-healthy lives. Visit heart.org to learn about preventing heart disease.

DID YOU KNOW?

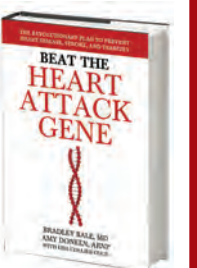
- 80% of cardiac events can be prevented with education and lifestyle changes.
- Hands-only CPR can be as effective as CPR with breaths.

FEBRUARY IS HEART HEALTH MONTH



Look forward to a presentation from **Amy Doneen, DNP, ARNP**, author of "Beat the Heart Attack Gene." Information will be sent via YOUNIVERSITY.

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LET'S UNITE TO PREVENT HEART DISEASE AND STROKE.

Join Dr. Wade at the 2016 Go Red Luncheon (American Heart Association) on Thursday, February 4th hosted at the Omni Dallas Hotel.



JOIN DR. WADE IN THE VFIT CHALLENGE

Vasper is a new, lifestyle workout that combines low impact, interval training along with cold compression. You cryotherapy fans will love this technique.

**WHY? BECAUSE 20 MINUTES ON THE
VASPER EQUALS TO 1 HOUR 20 MINUTES
OF TRAINING AT THE GYM.**

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FOR YOUR COMPLIMENTARY SESSION.
(214) 618-0166



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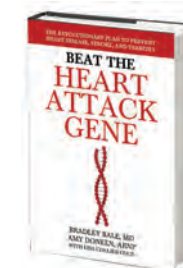
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