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Jill Wade, DDS

CO-HOSTS



Aurelia Byrne, RDH



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FALL 2018



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NOW IS THE TIME

to plan for the completion of your dental treatment before the end of the year.

Most insurance and flexible spending or health savings accounts are set up with a yearly maximum. If left unused, the remaining monies will be lost and not carried over into the new year.

Good planning will ensure a convenient appointment during our busiest time of year. Call today!

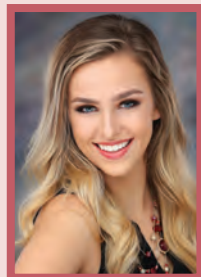


Congratulations Hollie!

The Stonebriar Smile Design Team would like to congratulate Nick and Hollie on the birth of their precious baby boy. John Koda arrived on August 13 weighing 7 lbs. 5 oz. They are enjoying their time as new parents!

Welcome Michelle!

Michelle grew up in Snowflake, AZ and made Texas her forever home in 2012. She is currently a Certified Dental Assistant and pursuing her dream of becoming a Dental Hygienist. In her free time Michelle loves to play with her daughter, Ayla Rose, and teaches her that with hard work and determination anything is possible.



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HYGIENE WITH HEART



WE ARE SO PROUD OF OUR HYGIENISTS!

Envision an unstoppable dental hygiene team providing the ultimate patient care experience. A team of dedicated healthcare professionals getting to the heart of each patient's total dental health.

Join us as we discover the heart of a team collaborating to achieve optimal results for their patients while saving lives along the way.

Aurelia Byrne, RDH
Cheryl Rivera, RDH • Donna Starford, RDH • Trisha O'Rourke, RDH
Lynette Lawrence, RDH • Hollie Clinton, RDH • Jill Wade DDS, MAGD

Dear Friends,

Where has this year gone? I cannot believe it is already October. You all said it would start flying by as the twins got more active. You were right. They turned double digits this year! We all stay very busy with volleyball, piano and drum lessons, honor choir, safety patrol, and girl scouts. I love watching them grow up and shine in their own unique way.

Speaking of shining...two huge accomplishments have taken place recently. Our hygiene team has published their own book "Hygiene with Heart." The book is a guide for dental professionals on how to function together as a team while using the approach of creating optimal oral health.



We also are so proud of the launch of our podcast SymplifiHealth! I encourage you to subscribe. You can also read its transcript the following week on Facebook if you do not like to listen to podcasts. But listening is a great way to multi task!

Don't forget the end of the year is approaching fast.

If you need help with any dental treatment by year end of 2018, then call today to reserve your time. We are filling up fast! I just read an article that said that 92% of people want cosmetic work performed, like botox, fillers and cosmetic dentistry or whitening. People want to look YOUNGER! Dr. Moody and I are here for you if you would like our expert evaluation. Our smile designs typically include widening of the arch form which supports the face, thus looking younger. A collapsed arch can easily be corrected with Invisalign clear aligners or traditional adult orthodontics along with veneers. We have the capacity to take photos of you and image what the options would look like. Simple whitening is also a very common procedure to create a youthful smile. Watch our Facebook posts! We are hosting rejuvenating IV parties, botox/filler parties, hormone balancing seminars and soon a new 6-week program to weight loss to help you get ready for the holidays!!! Join us.

Breast cancer month reminds me to be sure you are aware that we have Dr. Dennis Abbott available in our practice. He is an expert in treating the oral health of patients during and/or after a cancer journey. If you know of anyone that could improve their quality of life, please call and speak to our wellness coordinator, Andi. She can answer questions and schedule a consultation. Many patients travel from all over the country just to see him. We are so blessed to have him as part of the Stonebriar Smile Design Team.



Keep smiling from the inside out!
Dr. Jill Wade



KNOWLEDGE IS POWER!

The Stonebriar Smile Design Team was committed to learning and serving at the Dallas Southwest Dental Conference. We enjoyed welcoming attendees and learning side by side amongst other dental professionals.

Dr. Wade shared her expertise as a speaker on "Dentistry with Heart... Heart Attacks Don't Care, Dentistry with Heart Does."



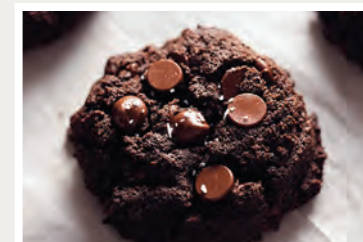
Keto Thick and Fudgy Brownie Cookies - Gluten Free

Ingredients

- ¾ cup melted butter
- ⅓ cup coconut flour
- ¾ cup **xylitol**
- 2 eggs beaten
- ½ cup cocoa powder
- 1 teaspoon baking soda
- 1 teaspoon vanilla extract
- pinch of salt
- ½ cup sugar free chocolate chips, plus a little more for topping before baking

Instructions

1. Preheat oven to 350F and line a baking sheet with parchment paper.
2. In a large bowl, combine the melted butter, coconut flour, and xylitol. Add the beaten eggs and mix together with an electric mixer. Add the cocoa powder, baking soda, vanilla extract, and salt. Mix again with the electric mixer.
3. Pour in the chocolate chips and combine with a rubber spatula. The batter will be very thick.
4. Using a large cookie scoop, scoop out 10 cookies onto the baking sheet. Gently press 3-4 chocolate chips into the tops of the cookies. Place in the preheated oven and bake for 13 min.
5. Remove from the oven and let cool completely on the baking sheet before serving.



<https://jenniferbanz.com/keto-thick-fudgy-brownie-cookies>

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Call today for your oral health evaluation and to discuss cosmetic options to enhance your smile.

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