

Jill Wade DDS • Kristi Moody DDS

Dennis Abbott DDS • Jodi Danna DDS

3880 Parkwood Blvd, Suite 103

Frisco, Texas 75034

STONEBRIAR











972.377.7800 stonebriarsmiledesign.com

# **NOT GETTING ENOUGH SLEEP?**

RAPID SNORING RELIEF IS NOW AVAILABLE!

Breathing freely and getting enough quality sleep are some of the most important contributors to our healing and well-being, enabling us to be as healthy as we can be.

Solea can actually tighten the vibrating tissues in the back of your throat, allowing you to breathe quietly and easily. It does this fast. How fast? 15 minutes, fast. Just think about that for a moment. Something that is non-surgical, economical, and has no downtime allows us to reduce snoring almost instantly. That is an incredible feat of dental technology!

If you're a snorer (or if your partner is), come give us a visit and experience our Solea services for yourself! CONTACT US TODAY!



# IS YOUR SMILE VIRTUAL-READY?

Put your best image forward and present yourself with a brighter, fuller smile that radiates confidence!



# Dear Friends,

Goodbye to 2020! Hello 2021! I think we can all agree that this last year has been one of the strangest years we have ever encountered. Yet in some ways, I found it to have been a good re-set for my life. A chance to reflect on what really matters, who really matters to me, and where I want to leave my mark for the future. I approach this new year as a time for growth and abundance!!!

I am excited to share the new year face lift of SSD. We began in November a change of the color inside the office. One of our glorious patients had been sharing with me for years about a paint that he works with that is limestone based and can literally create bacteria and viruses and germs from living on our walls. Well in today's environment I thought heck yes, who doesn't want that. Our new flooring and subtle décor changes will start us into the new year with a new outlook daily.

ways, and I am thrilled to announce the addition of Dr. Jodi Danna to the practice. We have been good friends since dental school/AEGD residency and shared our personal and professional



lives together and now have the opportunity to practice again together after 25+ years. Dr. Moody and I can't wait for you to get to meet her and some new team members Brittany, Terri, Sabra and Jacob.

As if this was not enough exciting SSD news updates, we also brought in the coolest most up-to-date dental laser on the market. (you know I love lasers!) The Solea laser will blow your mind on how it can cut or trim teeth, gums, bone with no anesthetic in many cases. But what is mind blowing is it's ability to treat the back of your mouth and help reduce snoring... yes you heard me right... literally reduce the noise, painlessly, quickly, and economically!!!

So let's start 2021 off right. Keep your oral health optimized and keep fighting this crazy covid world by keeping your immune system supported and giving you every fighting chance to stay healthy. Healthy blessings to you and all that you hold dear!

Dr. Jill Wade & Team



#### OUR COMMITMENT TO YOUR SAFETY

Nothing matters more to us than the health and safety of our patients. To protect both you and our team, we've implemented the following steps into our practice's protocols. If you have questions about how we're making your visit a safe experience, feel free to reach out to us.

- Advanced Staff Training & Daily Health Checks
- No Handshakes, Hugs or Office Tours
- Virtual Waiting Room Check in From Your Car
- Sequenced Patient Scheduling
- Pre-Screening of Every Patient
- Deep Office Cleaning Every Evening
- CDC-Approved Instrument Sterilization
- N95 & ASTM Level 3 Masks for Clinical Team
- High-Speed Evacuation System to Reduce Aerosols

#### SymplifiHealth.com

Listen in with Dr. Jill Wade and Aurelia Byrne, RDH as they discuss topics such as, better breathing, rapid snoring relief, early detection of oral cancer and much more! Learn about underlying health conditions and be encouraged to build your own unique blue print to **optimal health**.



# Our website received a face-lift!

Check us out at
stonebriarsmiledesign.com
and stay up to date with our
latest technology, smile gallery
and wellness topics. You can
even chat with us, request an
appointment and make
online payments.

#### NEW YEAR, NEW YOU, NEW US!

Here's a photo of the new interior for Stonebriar Smile Design!

To keep our patients and the planet healthy, we opted to repaint the walls with *Graphenstone*, a graphene, lime-based paint designed with health and wellbeing in mind. Three 15 litre buckets of Graphenstone paint absorbs more than 10Kg of CO2, the same amount as an adult tree weighing 250kg in one year.



#### STEP INTO THE FUTURE WITH SOLEA LASER

What makes the Solea laser so exciting is its ability to provide **fast**, **efficient**, and **pain-free** procedures! Solea naturally creates an analgesic effect (which means pain-free, as opposed to anesthetic effect, which means a loss of any sensation) while working on the teeth, allowing us to perform many procedures without any anesthetic! Who doesn't love to not feel numb after a trip to the dentist?

But it gets better. What we are most excited about is the very special capability of Solea to treat snoring. *Snoring affects more than 69% of the adult population.*This also means that everyone else is suffering from the noise as well! It's not just disruptive, heavy snoring is a sign that you're having trouble breathing and getting poor quality sleep. The good news is that Solea can actually tighten the vibrating tissues in the back of your throat, allowing you to breathe quietly and easily. After just one treatment, you'll experience incredible results... immediate relief from snoring, improved sleep and health, and happier bed partners.

Schedule today and sleep better tonight after your Solea Sleep treatment!



#### STAY CONNECTED!





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### EXCEPTIONAL DENTISTRY

## IN THE HEART OF FRISCO







US TODAY
to reserve a
complimentary
consultation
to discuss
options for your
smile design!

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